

# Weekly Digest

April 4 - April 10, 2022

Information & opportunities for Boston's older adults

## applications due April 7!



### CREATING CONNECTIONS & REDUCING ISOLATION GRANT

Stronger social connections & networks can boost a person's lifespan by 50 percent!

Applications due: **Thursday, April 7, 2022**  
[boston.gov/agestrong](http://boston.gov/agestrong)

AGE+

City of Boston  
Age Strong Commission  
Mayor Michelle Wu

Boston's Age Strong Commission seeks grant applications from organizations and individuals who are working to build social connections and community for Boston's older adults. Grants will range from \$5,000 to \$25,000. To learn more about this grant, visit [boston.gov/news/creating-connections-and-reducing-social-isolation-grant-announced](http://boston.gov/news/creating-connections-and-reducing-social-isolation-grant-announced).

WEEKLY DIGEST  
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Stay Connected  
to Age Strong:

City Hall, Room 271  
1 City Hall Square  
Boston, MA 02201  
617-635-4366

[agestrong@boston.gov](mailto:agestrong@boston.gov)  
[boston.gov/agestrong](http://boston.gov/agestrong)



@AgeStrongBos

AGE+

City of Boston  
Age Strong  
Commission



**MONDAY, APRIL 4**

9am

**Age Strong Virtual Chair Yoga**

No registration necessary

Click [here](#) for more information.

11:30am

**Age Strong Virtual Meditation**

No registration necessary

Click [here](#) for more information.

5pm

**Parks: Virtual Fitness: Dance Fit**

Click [here](#) to register & for more information.

5:30pm

**BPL: Writing Workshop w/Poet Laureate**

Boston Public Library: Roxbury Branch

149 Dudley Street, Roxbury

Click [here](#) to register & for more information.

**TUESDAY, APRIL 5**

10:30am

**A Quilting Circle**

690 Washington Street, Dorchester

Click [here](#) to register & for more information.

10:30am-12noon (6 week course)

**BPL: Computers for Beginners**

Boston Public Library: Central Branch

700 Boylston Street, Copley Square

Click [here](#) to register & for more information.

11am-1pm

**Knit/Crochet Circle**

Boston Public Library: Roslindale Branch

4246 Washington Street, Roslindale

Click [here](#) for more information.

11am

**BPL: Virtual: Social Security 101:**

**Everything You Wanted to Know**

Click [here](#) to register & for more information.

11:30am-12:30pm

**Age Strong Virtual Latin Dance**

No registration necessary

Click [here](#) for more information.

5:30pm

**BPL: Documentary Club: "The Loneliest Whale:**

Boston Public Library: Mattapan Branch

1350 Blue Hill Ave, Mattapan

Click [here](#) to register & for more information.

5:30pm

**Virtual: Housing Stability Free Legal Clinic**

Click [here](#) for more information.

6:30pm

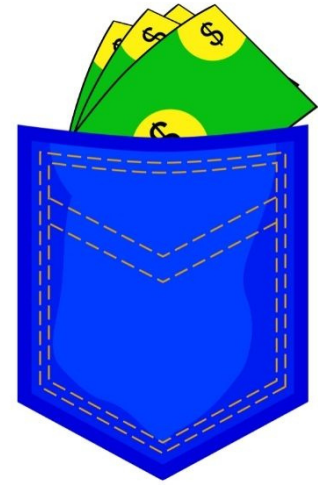
**Parks: Virtual Fitness: Afrobeats Dance**

Click [here](#) to register & for more information.

# Senior Circuit Breaker Tax Credit

## Put up to \$1,170 in YOUR pocket!

The Massachusetts "Circuit Breaker" tax credit provides tax relief for low to moderate income older adults age 65+. This tax credit is available for renters & homeowners. Additionally, residents may apply for this income tax credit even if they owe no income taxes.



### Basic Requirements for Eligibility:

- Must be a Massachusetts resident or part-year resident
- Must be age 65 or older by January 1, 2022
- Must own or rent residential property in Massachusetts and occupy it as your primary residence
- For tax year 2021, your total Massachusetts income doesn't exceed:
  - \$62,000 for a single individual who is not the head of a household
  - \$78,000 for a head of household
  - \$93,000 for married couples filing a joint return
- Homeowners can qualify if their property taxes & half of the water & sewer bills are more than 10% of their annual gross income
- Renters can qualify if 25% of their rent is over 10% of their total income for the year

### You are Ineligible for this Tax Credit if:

- You are married & your status is married, but filing separately
- You are a dependent of another taxpayer
- You receive a federal or state rent subsidy or you rent from a tax-exempt entity
- For tax year 2021, the assessed value of your principal residence exceeds \$884,000

**Contact the MA Department of Revenue for more information at:  
617-887-6367**

**AGE+**



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Age Strong Commission  
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6:30pm

**Meet the Artist: Curtis Williams**

Boston Public Library: Faneuil Branch

640 Washington Street, Brighton

Click [here](#) for more information.

6:30pm

**BPL: Hatha Yoga**

Boston Public Library, Fields Corner Branch

1520 Dorchester Avenue, Dorchester

Click [here](#) for more information & to register.

## WEDNESDAY, APRIL 6

10:30am

**BPL: Older Adults' Chair Yoga**

151 Cambridge Street, West End

Click [here](#) to register & for more information.

11am

**Parks: Virtual Fitness: Chair Yoga**

Click [here](#) to register & for more information.

11:30am

**Age Strong Virtual Yoga**

No registration necessary

Click [here](#) for more information.

12noon-3pm

**Free Immigration Consultations**

Click [here](#) for more information.

3pm

**BPL Virtual: Shelf Service Live:**

**Recommendations from BPL Librarians**

Click [here](#) to register for more information.

4-7pm

**BPL: Free Tax Preparation (Drop-Off & Remote Only)**

Click [here](#) to register & for more information.

6pm

**BPL Virtual: Sources and Methods for Researching Native American Ancestors**

Click [here](#) to register & for more information.

## THURSDAY, APRIL 7

1pm

**BPL Virtual: Lunchtime**

**Science Fiction/Fantasy Short Story Club**

Click [here](#) to register & for more information.

2-6pm

**East Boston Farmers Market**

250 Sumner Street, East Boston

Click [here](#) for more information.

6pm

**BPL: Book Group: "Interior Chinatown" by Charles Yu**

Boston Public Library: South Boston Branch

646 East Broadway, South Boston

Click [here](#) to register & for more information.

6pm

**BPL: Growing Around Grief**

Boston Public Library: Grove Hall Branch

41 Geneva Avenue, Dorchester

Click [here](#) to register & for more information.

6:30pm

**BPL: "¡Con Salsa!" Afro-Latin Music**

Boston Public Library: Hyde Park Branch

35 Harvard Avenue, Hyde Park

Click [here](#) to register & for more information.

6:30pm

**Parks: Virtual Fitness: Zumba**

Click [here](#) to register & for more information.

**DID YOU KNOW YOU COULD  
SAVE UP TO \$1,500  
ON YOUR PROPERTY TAXES?**



## JOIN AGE STRONG'S PROPERTY TAX WORK-OFF PROGRAM

*Our mission is to enhance the lives of  
Boston's older adults with meaningful  
programs and resources.*

### ABOUT PTWOP

- Qualified older homeowners could volunteer up to 106 hours for the City of Boston, in exchange for a property tax abatement of up to \$1,500 per fiscal year.

### REQUIREMENTS

- Age 60+
- Gross income:  
\$40,000 or less if single  
\$55,000 or less if married
- You must own & occupy property 3+ years & occupy property as a primary residence.

### HOW IT WORKS



#### Step 1

Submit your application with all supporting documents by July 1, 2022.



#### Step 2

If approved, we'll match you with a volunteering opportunity.



#### Step 3

When you complete the hours, you'll receive a property tax abatement.

**AGE+**

City of Boston  
Age Strong Commission  
Mayor Michelle Wu

**617-635-5741**  
lisa.martins@boston.gov

## FRIDAY, APRIL 8

10am-12noon

**BPL Virtual: Drop-in Office Hours: Legal Services Center**

Click [here](#) to register & for more information.

11:30am

**Age Strong Virtual Zumba**

No registration necessary

Click [here](#) for more information

12:30pm

**Parks: Virtual Fitness: Chair Meditation**

Click [here](#) to register & for more information.

## SATURDAY, APRIL 9

9am

**Parks: Virtual Fitness: Strength Training**

Click [here](#) to register & for more information.

11am

**Meet the Artist: Cristina Parenno & Amin Tadj**

Boston Public Library: Connolly Branch  
433 Centre Street, Jamaica Plain

Click [here](#) for more information.

3pm

**BPL Virtual: Write on the Dot Virtual Reading**

Click [here](#) to register & for more information.

## SUNDAY, APRIL 10

12noon-3pm

**Roslindale Farmers Market**

19 Corinth Street, Roslindale

Click [here](#) for more information.

6pm

**Parks: Virtual Fitness: Yoga**

Click [here](#) to register & for more information.

# Bus Buddy Chronicles

**AmeriCorps Volunteers teach older adults how to use the MBTA**



**Special Screening Event:  
Tuesday, April 12, 1-3pm**

Veronica B. Smith Senior Center  
20 Chestnut Hill Avenue, Brighton  
RSVP to dawn.lepore@boston.gov  
or 617-635-4858

**A 3-part video series by Dominga Martin**  
Watch free online at [boston.gov/AgeStrong](http://boston.gov/AgeStrong),  
Boston City TV & Boston Neighborhood  
Network TV

AGE+

City of Boston  
Age Strong Commission  
Mayor Michelle Wu



**AmeriCorps  
Seniors**

**BECOME  
A CITIZEN**

*Apply now!*  
**Call (617) 694-5949  
for free help**

PROJECT CITIZENSHIP

Mayor's Office for  
**IMMIGRANT  
ADVANCEMENT**



## Disability Community Forum

**SAVE THE DATE**  
**MAY 11, 2022 @2PM**

*An opportunity to meet local government officials, learn about City initiatives, ask questions, and tell us about your accessibility priorities.*



City of Boston  
Disabilities Commission

[Boston.gov/disability](https://Boston.gov/disability)

HEY, BOSTON, COME ON BACK!  
TAX SITES ARE OPEN & SAFE. CALL FIRST



# FREE TAX SERVICES



Over **180,000** taxpayers served  
Over **\$320 million** dollars returned  
directly to taxpayers' pockets

**Maximize your refund; get all the credits available to you,  
even if you have no income**

Advanced Child Tax Credit, Stimulus Payments, EITC, Healthcare credits

**Save for Emergencies and Plan for the Future**

Open a Bank Account, Purchase a Savings Bond, Fix and build your credit

**Residents welcome even if undocumented**

Apply for an ITIN or file your taxes with a current ITIN ,  
bilingual tax prep available

**BostonTaxHelp.org | 617.635.4500**



fb.com/BostonTaxHelp  
@BosTaxHelp  
@BostonTaxHelp



# INTERESTED IN FREE OR DISCOUNTED INTERNET?

The Affordable Connectivity Program offers eligible households up to \$30 per month for internet service, and up to \$100 in a one-time discount for a digital device.

Learn more and submit an application online at **ACPBenefit.org**.

**CITY of BOSTON**



Innovation and Technology

# ALL ABOARD

Starting Tuesday,  
March 1, the 23, 28 and  
29 MBTA buses will be  
*fare-free for two years.*

OFFICE of MAYOR WU



## Hearing Loss?

### Will you hear your smoke alarm?

The Boston Fire Department will install a free bed shaker alarm with smoke and CO detectors to ensure you will be able to respond in the event of an emergency. For installation and additional information please call 617-343-3337 or email [michelle.mccourt@boston.gov](mailto:michelle.mccourt@boston.gov)



Here is how the HLAC works:

Ordinary T-3 smoke alarm

Patented Lifetone™ technology constantly listens for your smoke alarm

Bright orange screen flashes "FIRE"



Powerful pulsating bed shaker vibrates

The LOUD low-frequency 520 Hz T-3 alarm sounds  
A baritone voice says "FIRE! GET OUT!"



# Am I eligible for a COVID-19 booster shot?



## Who?

**Individuals 12+ who are fully vaccinated\***

\*Individuals age 12-17 can only get the Pfizer booster



## When?

- At least 6 months after Moderna
- At least 5 months after Pfizer
- At least 2 months after Johnson & Johnson

## Which booster shot do I get?

- You may have a preference, but you can get any type of vaccine for your booster shot



More information at [mass.gov/COVID19booster](https://mass.gov/COVID19booster)



City of Boston  
Immigrant Advancement

# FREE IMMIGRATION CONSULTATIONS

Ask a lawyer for advice

[immigrantadvancement@boston.gov](mailto:immigrantadvancement@boston.gov)

617-635-2980



## **EVACUATION**

REQUEST FOR  
INFORMATION

**(RFI)**



The Office of Emergency Management is seeking the community's help to find innovative ways to approach and improve our evacuation planning through the **Evacuation Request For Information!**

Please respond to this RFI and help us improve the way we think about evacuation in Boston by visiting :

[Bit.ly/BostonEvacuation-RFI](https://bit.ly/BostonEvacuation-RFI)



**BE INFORMED, PLAN AHEAD, STAY READY!**